

Neurodivergent. Empowered

Neuro-affirming support, in person and online



FAQ: Why are your notes and reports so detailed?

Documentation that makes support visible.

1. DETAILED BY DESIGN

As an Autistic Well-being Specialist, I acknowledge that our session notes, progress summaries, and reports are often more detailed than families may receive elsewhere.

This is intentional, because support needs can be complex, fluctuating, or easily misunderstood.

The invisible support must be visible.

2. WHAT WE DOCUMENT

- ✓ what happened in the session
- ✓ how the participant was supported to engage
- ✓ goals being worked toward
- ✓ barriers or risks observed
- ✓ adaptations required
- ✓ evidence of progress and ongoing need

Goal-linked, functional evidence.

3. WHY IT MATTERS

This approach aligns with the current NDIS environment and reforms, with stronger emphasis on functional outcomes, evidence of need, and justification for ongoing supports.

plan reviews

reassessments

funding discussions

support justification

Detailed documentation helps families avoid having to explain complex support needs from memory.

Evidence for ongoing support.



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Connection. Growth. Belonging.